



CampusMHAP Part III: *Developing Programs*

Additional Resources

General Resources

The Jed Foundation

<http://www.jedfoundation.org>

The Jed Foundation's newly redesigned site has sections for campus professionals, parents, and students.

CampusHealthandSafety.org Mental Health Pages

<http://www.campushealthandsafety.org/mentalhealth/>

This site outlines a public health approach to promoting student mental well-being, including an overview of the literature on the negative consequences of poor mental health in college students. See sidebar "Addressing Mental Health from a Public Health Perspective."

Suicide Prevention Resource Center. (2004). *Promoting Mental Health and Preventing Suicide in College and University Settings*. Newton, MA: Education Development Center, Inc. http://www.sprc.org/library/college_sp_whitepaper.pdf

This paper summarizes much of what is known about suicidal behavior among college students and recommends strategies to promote mental health and prevent suicide on campuses.

Developing Programs

National Registry of Effective Programs and Practices (NREPP)

<http://www.nrepp.samhsa.gov/>

NREPP is a searchable database of interventions that have been reviewed and rated by independent reviewers for the prevention and treatment of mental health and substance use disorders.

Best Practices Registry for Suicide Prevention

http://www.sprc.org/featured_resources/bpr/index.asp

The purpose of the BPR is to identify, review, and disseminate information about best practices that address specific objectives of the *National Strategy for Suicide Prevention*. Practices are listed in three sections: Evidence-based Programs, Expert/Consensus Statements, and Adherence to Standards.

National Strategy for Suicide Prevention Goals and Objectives for Action

<http://mentalhealth.samhsa.gov/publications/allpubs/SMA01-3517/>

The *Goals and Objectives for Action* represents a synthesis of perspectives from researchers and scientists, practitioners, leaders of nongovernmental organizations and groups, federal agencies, survivors, and community leaders.

Behavior Change Theories and Models

http://www.csupomona.edu/~jvgrizzell/best_practices/bctheory.html

This page briefly reviews elements of behavioral and social science theories and models that can guide the development and refinement of health promotion efforts.

Program Development and Evaluation – University of Wisconsin Extension

<http://www.uwex.edu/ces/pdande/evaluation/evallogicmodel.html>

This site contains several resources, including the presentation *Logic Models: A Framework for Program Planning and Evaluation* (March 2005 presentation in either PPT or PDF format) and *Enhancing Program Performance with Logic Models*, a free online course in two modules. See especially Module 1, *Logic Model Basics*.

W.K. Kellogg Foundation’s *Logic Model Development Guide*

<http://www.wkcf.org/Pubs/Tools/Evaluation/Pub3669.pdf>

This companion publication to Kellogg’s *Evaluation Handbook* focuses on the development and use of the program logic model.

Resources recommended by Sally Spencer-Thomas

- Fierce Goodbye: A Faith-based Perspective on Suicide: www.FierceGoodbye.com
- People Prevent Suicide: www.PeoplePreventSuicide.org
- SPRC Resource Scan: <http://www.sprc.org/library/faithscan.pdf>