

Inventory of Programs, Policies and Services (Short Form)



Area of Strategic Intervention*	Currently in Place	In Development or Being Implemented	Level of Social Ecological Model
<i>Identify students at risk</i>			
<i>Increase help-seeking behavior</i>			
<i>Provide mental health services</i>			
<i>Follow crisis management procedures</i>			
<i>Restrict access to lethal means</i>			
<i>Develop life skills</i>			
<i>Promote social networks</i>			

***See next page for definitions**

Inventory of Programs, Policies and Services (Short Form)



Areas of Strategic Intervention: Definitions

- **Identify students at risk:** Strategies for identifying students at risk for suicide or compromised mental health and wellness through screening and training efforts.
- **Increase help-seeking behavior:** Policies or strategies aimed at educating students about mental health and wellness, reducing the stigma associated with mental health disorders, and encouraging help-seeking behavior.
- **Provide mental health services:** Services and policies that provide students with access to effective treatment services.
- **Follow crisis management procedures:** Policies and strategies directed towards students who are experiencing extreme levels of distress which may place themselves or others at risk.
- **Restrict access to lethal means:** Policies or strategies aimed at limiting students' access to potential sites and agents that may facilitate dying by or attempting suicide.
- **Develop life skills:** Policies and strategies aimed at providing students with skills and coping abilities that will assist them as they face various challenges in school and life.
- **Promote social networks:** Policies and strategies that attempt to foster relationships between students and a sense of community on campus.