



## 2014-2015 STUDENT ADVISORY COUNCIL



### ANDREW

I am a freshman at Indiana University majoring in Neuroscience and Biochemistry, while also on the Pre-med track. I'm interested in neuroscience and stigma research, as well as the sociology of mental illness. I am passionate about confronting the issues surrounding mental and emotional health, in addition to the stigmatization of mental illness. I'm an active member of the Student Advisory Board for U Bring Change 2 Mind, a project created to eliminate the stigma of mental illness, and also participate in other related organizations on campus. I speak Spanish and French, and enjoys music, concerts, food, tennis, and Netflix.



### CECE

I am a Junior at Hobart and William Smith Colleges majoring in Economics and Asian Studies with a passion for erasing the stigma that surrounds mental illness. I am the president of the Health Promotions club, a member of the Swim team, and an active part of our Centennial Center for Leadership among others. I've been independently involved in mission-driven entrepreneurship since freshmen year when I was selected to compete in an entrepreneurial workshop competition at HWS. I was awarded funding which I used to travel to a conference at USC sponsored by the Saks Institute. I hope to continue spreading awareness and education involving mental illness, suicide, and substance abuse to those on my campus and beyond. I am excited for everything that will come from working with The Jed Foundation, the SAC and the society of new research, ideas, connections, and change that will come with it.



### KYLE

I am a student at Cal Poly San Luis Obispo studying bio-medical engineering. At Cal Poly I am involved in the Engineering World Health club as well as the vice president of the Student Health Advisory council, and a certified peer health educator specializing in mental health. I also serve as the president of the Kappa Sigma Fraternity here on campus. In my free time I enjoy boating and spending time with my golden retriever Zane.



### EDDIE

Eddie is a student at the University of New Mexico currently studying Chemical Engineering and English. She is a volunteer at Agora Crisis Center in Albuquerque, New Mexico. She is a chat specialist and is working towards her national certification for crisis line workers. In addition to providing compassionate listening and crisis intervention to anyone in need she loves to run, do yoga, knit, watch Netflix and hang out with friends and family. She hopes to be a doctor someday but right now is content helping out her peers any way she can!



### EMMY

I am a sophomore at Ohio State from Dayton, Ohio and am majoring in Human Resources and Psychology. I am a swim coach and a member of the club swim team, as well as an active member of Undergraduate Student Government's Public Relations committee. I am also involved in Pink Out at Ohio State, a breast cancer awareness organization on campus, Kappa Alpha Theta sorority, and the It's On Us sexual violence campaign. I look forward to bettering the lives of students (and staff) on campus!



### JUSTINE

I am a junior at Vanderbilt University in Nashville, TN, pursuing a major in Neuroscience. On campus, I am currently the president of Liaisons Educating and Advocating for Psychological Support (LEAPS) and an active member of Kappa Delta Sorority. I also participate in the Vanderbilt Stress and Coping Lab as a research assistant. I enjoy music, delicious food, and adventurous travels. Through my activism in mental health awareness, I hope to encourage others to spark the discussion of mental health among adults and youth alike.



### LEXY

Hailing from Naperville, IL, I am a senior at Indiana University - Bloomington, studying history. In addition to my involvement with SAC, I am the President of the Indiana Memorial Union Board of Directors and is a Co-Director for U Bring Change 2 Mind College Toolbox Project, which works with students to bring awareness to mental health topics and to end the stigma against mental illness. My involvement on campus has inspired me to continue working with college students post-graduation. In my spare time I enjoy reading, traveling, and running.



### MADELINE

I am an undergraduate at the University of Chicago studying neurobiology with the intent to someday understand human consciousness, emotions, and psychiatric disorders. I'm beginning to learn how to understand life and am motivated by the goal of helping others reach the point where they can learn to understand and enjoy life as well. In the meantime, climbing trees, making music, and getting to know other people makes me happy :)



### MEGHAN

I am currently a sophomore BFA Acting major at Millikin University in Decatur, IL. I am an active member of NAMI and DBSA in order to support mental health and awareness. I'm also a member Alpha Psi Omega, and Alpha Chi Omega, who recently teamed up with The Jed Foundation in order to educate the campus. I hope to create programs on campus to get students excited, motivated, and active with mental health awareness and suicide prevention. In my free time, I enjoy playing guitar, ukulele, and piano, as well as attending concerts and theatrical performances.



### **MOLLY**

I am a senior at Stanford University, pursuing my degree in Human Biology with a concentration in Athletic Mental Health. I founded Cardinal RHED: Resilience, Health, and Emotional Development, a student-run group that focuses on proactive measures to alleviate student-athlete stress and prevent mental health issues, while also combating the pervasive stigma of mental health in athletics. I proudly represent Stanford by competing in varsity cross country, and winter and spring track. I hope to pursue a Ph.D. in Clinical Psychology, focusing my research on athletic populations and effective interventions.



### **ROSIE**

I am a senior at Boston University studying Psychology with minors in Public Health and Education. Throughout my four years at BU, I have worked with the American Foundation for Suicide Prevention and Student Health Services to create student programs towards suicide prevention and education. I am an active part of the BU Community Service Center, a music director of an all-female a cappella group, the Sweethearts, and love to read, play and listen to music, and explore my home city. I hope to attend graduate school next fall and specialize in Mental Health Counseling.



### **SHELBY**

I am currently a junior at Concordia University Texas, majoring in Kinesiology with an emphasis in coaching and interest in nutrition. I play basketball for the university, as well as being involved in SAAC, Athletic Ambassadors, and CTX Alive. I enjoy cooking/baking, reading, traveling, and sports. I want to continue to work to bring more of an emphasis of health and wellness to communities.



### **STEVEN**

I am a junior psychology major attending SUNY Oneonta. I am the sergeant at arms for Alpha Phi Omega Service fraternity, I have my own suicide prevention program called Never Give Up, I am on the Board of Directors for NAMI Otsego county, as well as volunteer most of my time to helping fight mental health stigma. I also do research on suicide hotlines through the school for the Long Island Crisis center. My goals are to continue my education to become a clinical psychologist and work in the hospitals or prisons.



### **ZACHARIAH**

I often go by Zaq or Riah. I am currently pursuing a B.S. in Cell and Molecular Biology, and two A.S. degrees in anthropology and chemistry. My heart is rooted in the biological sciences, but I am also committed to performing arts. I work as a peer and lab assistant for pay, and perform as an aerial dancer for pleasure. Active campaigns, genetics research, and studying are actually fun hobbies for me. Lastly, I live in the Aloha State, and despite living here, I actually do not know how to surf. Favorite word: Ethereal.



### **ZHAN**

I am a senior at the Woodrow Wilson School of Public and International Affairs at Princeton University, where I focus on education policy. Born and raised in Las Vegas, Nevada, I'm a Residential College Adviser in my home-away-from-home: Forbes College. I also serve on the Student Government Senate as Undergraduate Chair of the Council of the Princeton University Community and as Chair of the Princeton Mental Health Initiative Board. In my free time, I enjoy keeping up with the latest political news and current events, reading for leisure, working out, meeting new people, and attending campus events.