



2015-2016 STUDENT ADVISORY COUNCIL



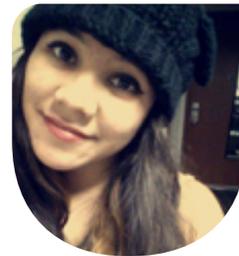
ALIVIA

I am a senior at Northeastern University majoring in Psychology with a passion for erasing the stigma that surrounds mental illness. I just finished up a six-month internship at NAMI Massachusetts, and have previously interned at The Jed Foundation (JED). I am extremely passionate about further understanding mental illness and addictions, especially among college students. I hope to pursue a Master's Degree in Clinical Social Work after I graduate and eventually become a licensed therapist. I currently blog about my experiences with mental illness and college life on my personal blog Liv Light (www.liv-light.org), and contribute to the Huffington Post and Elite Daily.



ANDREW

I am a junior at College of the Canyons in Valencia, California and am majoring in Psychology. I am currently the Canyon Country Representative Officer for my college's Associated Student Government, and one of the founding members of our Peer Mentor and Safe Zone programs. I am also a college assistant at the Student Health and Wellness Center, and the lead coordinator for a mental health campaign. Through my activism in mental and emotional health awareness, I hope that I will be able to inspire others to be the change that they want to see in the world!



ARTEMIS

I am a student at the University of California, Los Angeles, majoring in Psychology. I come from a Latinx community where there is a huge stigma surrounding mental illness and ways to treat it. During my freshman year, it was incredibly hard to reach out for help when I reached my lowest point. Now that I'm a junior and have been diagnosed with borderline personality disorder, I have joined the fight to end the stigma against mental illness. I'm the Media Director for All of Us; a campaign created at UCLA to start the conversation on mental health. I hope to be able to take everything that I learn to my community back home to make it easier for people to get help should they need it. I'm bilingual, nonbinary, and my favorite thing is pictures of dogs doing human things.



CHRISTY

I am a junior Psychology major with a Spanish Language and Literature minor at my favorite place on earth: Loyola University Chicago. My passions include raising awareness for domestic violence through my membership in Alpha Chi Omega, working towards ending the stigma surrounding mental illness through Active Minds, and blogging about my best friends on Her Campus. During my free time, I love to go to Zumba classes with friends, play Just Dance, host game nights, and explore the city!



COURTNEY

I am currently a double major in Psychology and Social Work with a mental health concentration — but I'm also tempted to jump on a plane to Cuba to research crocodiles. I am passionate about ending mental health stigma and getting people to talk about the “static in their heads”, and I'm usually seen doing something relating to one of those two things. I'm especially interested in everyone's story, and always willing to tell them how important it is. In my spare time, I talk about crocodiles a lot, daydream a lot about starting my own nonprofit, eat a lot of things with marinara sauce on them, and read a lot of David Foster Wallace.



DAVID

I was born and raised in the south suburbs of Chicago. I currently attend Indiana University and am a senior pursuing a BS in Biology with minors in Mathematics, Chemistry and Medical Sociology. After graduation, I hope to enroll in an MD/Ph.D. program to achieve my ultimate goal of becoming a psychiatrist and researching the neurological basis of mental illnesses. At IU, I am the Co-Director of U Bring Change 2 Mind; an organization that focuses on ending the stigma surrounding mental illness. I also play lacrosse at IU and am a die-hard Chicago Cubs fan!



EMILY

Originally from sunny Southern California, I am a senior at Harvard College studying Neurobiology and Global Health & Health Policy. I'm passionate about promoting emotional well-being and changing the way that mental health on college campuses is viewed and handled, and I'm currently helping lead a new social media campaign focused on mental health called All for 1. On campus, I'm involved in Health Leads, CityStep, Global Brigades and the Harvard College Events Board. My hobbies include dancing, karaoke, traveling and eating frozen desserts.



JACOB

I am a junior at Clark University, majoring in Psychology and minoring in Education. I'm the treasurer for Psi Chi as well as for the Undergraduate Psychology Committee. Currently I'm researching domestic and sexual violence, with a focus on violence towards men. I'm interested in child and adolescent mental health and plan to become a special education teacher. I also hold positions as a skills trainer for HMEA, a service agency for children and adults with developmental disabilities, and teach special education at a Hebrew School.



JERICA

I am a junior Experimental Psychology major at the University of South Carolina, with a passion for research, community service, children and mental health. I'm currently a volunteer crisis intervention specialist, advocate for mental health, research assistant and President of Together We Rise: USC Chapter. I am an aspiring school psychologist and want to ensure the positive social and moral development of children through the school system. I'm extremely excited to work with JED and the SAC in order to promote mental health awareness and suicide prevention on my campus.



JORDYN

I am a senior Public Health Major at Tulane University. At school I am a peer health educator, the educational programming coordinator for the peer health education program, the secretary of Active Minds, and a member of Phi Mu Fraternity. I am very passionate about reducing the stigma surrounding mental illness among college students. My goal is to help foster a community of support, encouragement and acceptance that will aid students in feeling less alone in their time of need. Outside of school, I love dancing, animals and doing anything outdoors!



KATIE

I am a senior at Saint Joseph's University in Philadelphia, majoring in Marketing and minoring in Leadership, Ethics and Organizational Sustainability. After graduation I hope to work for a marketing or advertising agency. I have been a part of my campus Active Minds chapter since 2013 and am currently its president. Active Minds raises awareness for mental health on college campuses. I am also on the executive boards for the Women's Center and Student Budget Committee on campus. In my free time I love reading, exploring Philly, and spending time with my family and two dogs.



MADELEINE

I am a sophomore studying Psychology at the University of Pennsylvania, and have a passion for helping others and fostering mental health awareness. I am a founding member of the Penn Benjamins; Penn's first peer counseling program, and a listener at a peer-to-peer crisis hotline. Additionally, I am an active member of Kappa Alpha Theta Sorority. I am passionately committed to the study and promotion of mental health and am thrilled to be a member of the Student Advisory Board.



MALIA

I am a freshman at Hawaii Pacific University and my major is Biology-Human and Health Sciences. I am the youngest of four sisters, a military child, and I live by Gandhi's famous quote, "Be the change you wish to see in the world". I serve as a member on the Hawaii Youth Leadership Council for Suicide Prevention and on Hawaii's State Task Force Policy Sub-Committee for Suicide Prevention. I assist the Rotary Club of Kapolei Sunset with local and international community service projects that follow the principle "Service Above Self."



SAMANTHA

I am a senior at the University of Wisconsin, Madison, majoring in psychology with a certificate in criminal justice and a certificate in leadership. I am passionate about speaking up for suicide and mental health promotion, and am a very proud supporter of the Love is Louder campaign. Aside from my studies, I am on the Suicide Prevention Council of Madison, am the student chair of the Mental Health Matters Student Committee, lead as the Vice President of Badgers With a Heart, work as a student grief group facilitator for the org You're Not Alone, and am an active member in Ask.Listen.Save's student organization. I currently love my job as the Suicide Prevention Program Assistant at UW-Madison's campus hospital, and hope that our work will help spread destigmatization and the message that love is always louder.



SOPHIE

I am a psychology and music education student at St. Olaf College in Northfield, Minnesota. My interest in mental health education sprung out of my experiences teaching and volunteering in public schools. At St. Olaf, I am the Lead Mental Health Peer Educator and I present programs on campus regularly to reduce mental illness stigma and increase awareness about emotional health. I also participate in a wide variety of psychology research projects and hope to pursue developmental psychopathology studies at the graduate level. In my free time, I love to try new recipes, play board games, and eat ice cream!